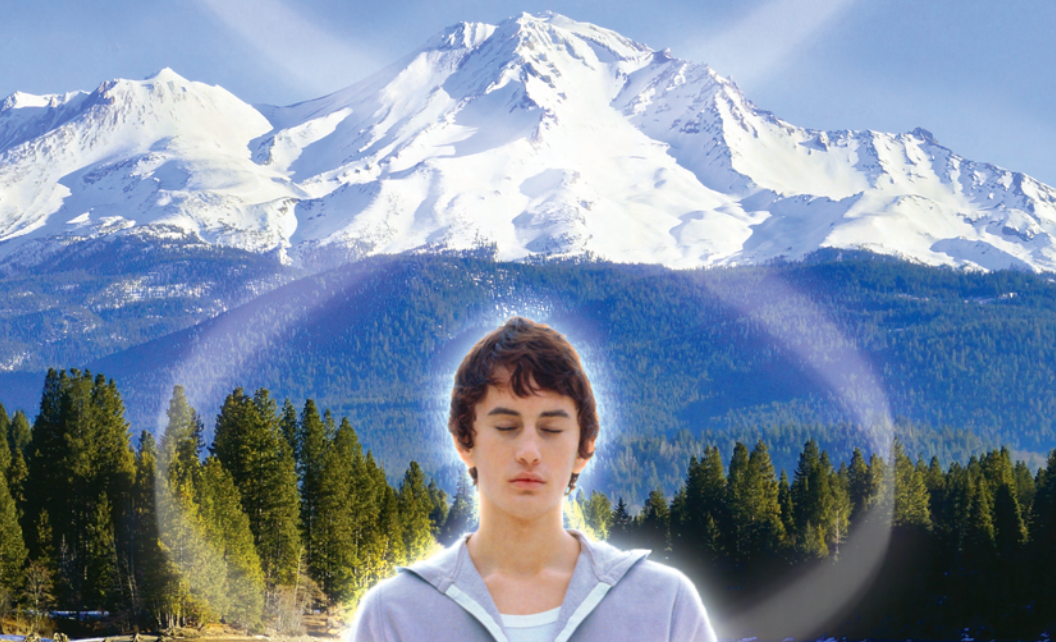


Saint Germain ON Advanced Alchemy



HeartStreaming
in the
Aquarian Age

Volume 1

David Christopher Lewis

PRAISE FOR
Saint Germain on Advanced Alchemy

“In every age there are people whose sensitivity is sufficiently refined to perceive and commune with higher realms. In this extraordinary book, David Christopher Lewis brings us reports of a universe far more alive and sentient than most of us ever imagined.”

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PART ONE

Instruction in
Advanced Alchemy

by Saint Germain

with Commentary
by David Christopher Lewis



Establish the Platform for Your Advanced Alchemical Works



Students of Higher Alchemy,

The transcendence that appears in your domain when you are tethered to the reality of life that is God will win for you a new consciousness. I come to give you the next step in the process of Solar development which, when applied, will bring to you untold graces, cosmic abundance, and all that you require to be a full-fledged son or daughter of God, one with the creative spirit of all life.

Alchemy, as the all-chemistry of God,⁵ is meant to allow every creative spirit the means and the opportunity to enter into the creative process of life. Therefore, those who practice true alchemy, which always sets the evolutionary process of all life ahead of the gain of the ego-center, will understand the necessity to sublimate personal glory, outer development, and inner development to the spiritual upliftment of the world and its peoples.

One is blessed when one blesses others. The natural law of flow states that when that flow is fully operative within the domain of a soul, then the pure radiance of God's light may continue unabated so long as the aperture of self is wholly pure. Therefore the true alchemist is completely unselfish, and the current that is established

within his being becomes a conduit for greater and greater energies of the Godhead.

Testing occurs by the masters of wisdom to determine what quantity of light can be channeled through a lifestream and also the quality of that light as it descends from the God Presence and contacts the auric flowfield of the practitioner of truth.⁶ A certain stability, a certain polarity of positivity must be maintained for the flow to continue unabated. This requires balance of body, mind, and spirit; of love, wisdom, and power; of the constancy of right motive, right thought, and right action.

Ongoing education and training are prerequisites for every alchemist of the higher order. This process begins in earnest when the student has surrendered a certain portion of his or her human consciousness to accept and become a greater portion of his or her Divine Self. Once the student has sufficiently mastered the emotions (energy in motion within the chalice of being), stilled the mind, and purified the body, then the science of alchemy will become more easily understood and actualized.

Those who think that they can precipitate anything and everything out of thin air when they have major unresolved issues within or with others are fooling no one. Those who seek to take heaven by storm,⁷ demanding of the universe the mastery of *siddhis*,⁸ or spiritual powers, before they are activated gradually through the spiritualization of consciousness, will only lose at every turn.

Thus, it is paramount that one hitch oneself to the star of an ascended-master sponsor, who can moderate for that one every level of advancement and monitor the use of energies, the acceleration of light, and the resulting internal realignment that occurs as one progresses toward immortal perfection.

The expansion of the heart through devotional practices of prayer and meditation and the emphasizing of purity and grace are the first steps which will ultimately lead toward developing true spiritual prowess and a victorious sense of God-wellbeing. Therefore,

establish first and foremost the platform, the altar, upon which all your alchemical work will proceed. When the Bible and other ancient Scriptures speak of various prophets establishing an altar upon which sacrifice occurred, it was often simply the preparation and invocation of a holy flowfield around those beings.

Once the space is hallowed and the lower self is sacrificed, or surrendered, then the scientific practice of alchemy may ensue. If you have not fully looked after certain details in setting about you the necessary circle of fire, then there may be intrusions, delays, or outright interference with your work that will require calling forth extraordinary cosmic energies to neutralize and overcome.

How often have you experienced the fact that some friends or acquaintances with the best of intentions couldn't perceive the intensity of your spiritual path and therefore, through doubt and human questioning, they set you up to fail so that they could prove to you that your path doesn't work? How often have inquisitive minds penetrated your aura and temporarily rendered your alchemical work null and void until you could establish such a positive and blazing aura of protection and develop so great an inner sanctuary of fiery love around your heart as to ward off these intrusions?

Therefore, learn and use the science of invoking the crystal-diamond tube of light as well as a solar sphere of fire and a triple ruby dome of light around you.⁹ (See "Crystal-Diamond Tube of Light," page 85; "Opening Invocation for Prayer Services," page 86; and "Solar-Sphere Invocation," page 87.) Seal your aura and being in the cloak of invisibility so that no one may interfere with your sacred work and time in communion with your ascended gurus. Develop a plan whereby you set aside quiet time when you will not be disturbed and you will be free to work for at least one-half hour or longer in deepest concentration on your goals.

With practice, the establishment of your spiritual flowfield will become second nature to you and you will know, believe, and act with a spirit of indomitable victory at all levels, dear hearts. This, in

and of itself, will be key to your work in higher alchemy.

Therefore, no matter what your religious or spiritual background may be, use the tools we have given to first create a chrysalis of spiritual fire around yourself and then practice seeing and sustaining this light at all times. When you have developed a sufficient energy pattern around yourself, then prepare for the next teaching that I will give you on developing God-power for the increase in your abilities and work with the angels to save sentient life upon Earth.

Ever yours as we move forward with chin held high and with spirits soaring, I am

Saint Germain

Knight Commander



DCL: It is only within the past several years that in the New Age movement we have started looking at ourselves as co-creators. Now this essential concept is permeating the world: We are co-creators with God.

The Aperture of Self

Saint Germain says that when the alchemist is unselfish, God's light can flow unabated through the aperture of self, the open portal through our attention. The aperture is the heart chakra wed to the mind, or crown chakra; and our attention is what allows us to focus. No matter what we are doing, being focused and present is the whole key. For example, if the person who checks groceries at the store is exuberant and full of love, that energy uplifts and blesses people.

If you have been praying and decreeing for some years, you may feel that you understand the science of flow through your prayers and decrees. You may be able to establish a connection almost instant-

neously wherein you feel the light flowing through you. It takes a while to develop that connection. As you cleanse your aura and the light flows through you, your aura expands. And then, through this larger aperture, you can draw down greater fire and emanate it to the world and the planet. It doesn't happen all at once.

I'll share my own experience to help clarify this process. Within a week of my joining the staff of The Summit Lighthouse in Colorado Springs, I was asked to lead the staff in giving a decree we used to reverse the tide of anything negative or harmful that is occurring. I had only given that decree once before that day, and I discovered that the long-time staff had a much greater momentum of giving it than I did. I could not sustain in my being what they were invoking through theirs due to their mastery in decreeing and in giving that prayer. I felt discombobulated and that I wasn't doing anything. They were doing everything; they were doing the work of that prayer.

It was a really humbling experience and it was great that I had it. After that I didn't lead prayers again for a while, because I didn't have the momentum the others had. That experience gave me insight into the fact that I hadn't yet developed the power that I felt flowing through the others.

Those of you who attend our events who are not used to praying or decreeing with a group may have a similar experience. Perhaps at times you can't keep up with the speed of the words. That's okay. It takes time and development to build that momentum. As you master things, you will feel the expansion of that aperture of your auric flow-field whereby you are able to deliver to the world greater and greater God-power of the frequencies of God's love and light and wisdom to bless life.

Be forgiving with yourself. Don't expect it to happen overnight. Even those of us who have been praying for twenty or thirty or more years are always learning new things about the science of the spoken word and how we can be clearer vessels through which God's light can flow.

In his book *The Tipping Point*,¹⁰ author Malcolm Gladwell says that it takes ten thousand hours to become a master at something, to understand it from all different facets and relationships and angles. The book gives examples of tremendously successful people, including Bill Gates and the Beatles, whom people thought were simply in the right place at the right time. They were, in some respects, and yet they also put in the time, they did the work.

Some of us have decreed ten thousand hours; if we haven't already become masters of it, we are becoming masters. Maybe things won't take as long for those who are in tune and aligned with Source and are clear channels for the light to flow through them. For most of us, though, we still have to put in the time. We may have done it in past lives as monks, as nuns, as lamas, yet when we come back we have to learn it again in a new mode.

Testing Determines the Quantity and Quality of Light the Alchemist Can Receive

Saint Germain says we are tested to determine both the quantity and the quality of light that can be channeled through us. We are all tested; to think we are not observed by our sponsoring masters is folly. They observe us continuously in order to help us, and this testing is a loving unfoldment of their mindfulness to gently urge us forward. That is how our sponsoring masters work. If we give the master permission, things can be intense, and that master may goad us to help us pluck out our human momentums. Generally, though, most of us appreciate the gentler way.

We stamp the light that flows through us with our consciousness and the purity of our being. I've had experiences of leading decrees where I felt this power flowing through me and I've also had times when I didn't have the mastery to qualify it with the highest emanations and qualities and virtues of God. Over the years I feel that I have gained a lot more mastery in that.

When you are in a prayer or decree session and there is tremen-

dous energy and power flowing in the entire room, it's possible at times to feel carried away by it, even lightheaded. This is why exercising the physical body is so important. If you are just in your head or if you're not balanced in your four lower bodies, you can't retain that light, you don't have the mastery in the four quadrants of your being for that light to be anchored in its full intensity in the Earth.

Physical exercise is essential to anchor yourself in the physical plane and create a strong and supple chalice to contain the light of Spirit. As you master your physical body, you will know your spiritual self better. Engage in some sort of physical activity every day, if you can, or at least a few times a week, to garner energy in your physical body. I do the dishes and laundry, chop and haul firewood, mow, garden, and do all sorts of things around the house and property, because when my mind is cognizing spiritual concepts I have to anchor them in the physical plane; otherwise I could be living in some other plane and would not be as effective or practical here.

Balance the Various Aspects of Your Threefold Flame

For the flow of light to continue unabated to the alchemist, he or she must maintain a certain stability and positivity, a certain level of balance. Saint Germain mentioned three different aspects of the threefold flame that require balancing: body, mind, and spirit; love, wisdom, and power; and right motive, right thought, and right action. Here's another key: In mastering the emotions, stilling the mind, and purifying the body, we have another aspect of balancing the threefold flame. Emotions relate to the pink plume; mind relates to the yellow plume; and the physical body relates to the blue plume (structure is physical, blue).¹¹

Saint Germain cautions us to have right motive in all that we do. If we do something for personal glory, we won't receive those gifts. If we try to raise our kundalini, or sacred fire, to get these gifts, we won't be able to sustain them without purity of heart. The ascended masters help us to self-moderate and they monitor us. You may already know which master you resonate most with. Whoever it is,

you can trust that master to be there for you and to help you consistently and constantly.

Providing knowledge and practical tools to help students achieve balance and to advance on their path and in their alchemical journey is what Meru University is all about—lifelong learning of wisdom from ascended-master realms.

Clear Your Flowfield, Establish Your Magic Circle

The prophets desired some symbology for establishing the flowfield for their work and they used an altar and other symbols. Clearing the flowfield is an important part of establishing the altar for the alchemy to take place. One way to set a flowfield is through establishing a “magic circle.”¹² This concept was popularized, with some Hollywood compromise, in the 2010 movie *The Sorcerer’s Apprentice*.

Before any event I establish the flowfield. Sometimes I do this in my mind, through intention. At other times, especially before a class, I do it physically as a ritual. When I enter the room where the event will take place, I clear the area, in part by using a bell (*ghanta*) and thunderbolt (*dorje* or *vajra*) and by burning incense. We have to protect ourselves and do the work to establish our altar, the place where alteration, change and transmutation occurs.

By giving the prayers “Crystal-Diamond Tube of Light” and “Opening Invocation for Prayer Services,” you can invoke protective energies so that you are ready for the challenges of the day. With constancy, you can reach the point where within a few seconds you are still, the crystal-diamond tube of light is around you, and you are firm in your flowfield and sealed in light. If you aren’t yet able to achieve this, you can get to this point. It just takes constancy, doing it day by day, every day.

The following prayer can assist you to establish around yourself a radiant flowfield as a chrysalis of spiritual fire. Please give it as often as desired until you feel ensconced in a sphere of divine light.

Crystal-Diamond Tube of Light

Om Mani Padme Hum AUM
Beloved I AM love divine,
Blaze your light, around me shine.
Cosmic crystal rays of fire
Pulsing, flowing, you inspire.
Violet joy now smile through me,
Raise me up and set me free.
Singing, spinning, burning bright,
Grace me in your mercy light.
Om Mani Padme Hum AUM

Notes

Chapter 1: Establish the Platform for Your Advanced Alchemical Works

5. “The all-chemistry of God” is one of the ways Saint Germain defined alchemy in his first alchemy book. See Mark L. Prophet and Elizabeth Clare Prophet, *Saint Germain On Alchemy: Formulas for Self-Transformation* (Corwin Springs, Mont.: Summit University Press, 1993).
6. The 1894 novel *Brother of the Third Degree*, by Will L. Garver, provides some indication of the testing and initiations that occur under the masters.
7. Matthew 11:12.
8. See glossary entry for *siddhis*.
9. For the full-length version of “Opening Invocation for Prayer Services” (9.007), “Crystal-Diamond Tube of Light” (0.001), and “Solar-Sphere Invocation” (20.022), see *Prayers, Decrees and Mantras*, available through The Hearts Center’s online store, item #3200-1-0019. A selection of The Hearts Center’s prayers and songs is available individually to listen to and/or download in PDF format at no charge at HeartsCenter.org. From the top menu, select “Broadcast,” then “Prayers and Songs.” In addition to the text, many prayers and songs are also accessible in audio format.
10. Malcolm Gladwell, *The Tipping Point: How Little Things Can Make a Big Difference* (Boston: Little, Brown and Company, 2000; Back Bay Books, 2002).
11. See glossary entry for *threefold flame*.
12. For more on establishing a flowfield as a magic circle, see Meru University Course #1204, “Self-Transformation through Divine Magic.”



Creativity

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